

名校周考阶梯训练

英语 人教版 必修第一册

1. WELCOME UNIT & TEENAGE LIFE(一)

(时间:40 分钟 满分:60 分)

完形填空(共 15 小题;每小题 2 分,满分 30 分)

阅读下面短文,从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

I was travelling on a bus. The bus was so 1 that many people had to stand in the aisle(过道), including me. The people sitting near the windows 2 happy faces, while the people seated near the aisle were 3 with the standing persons who had to sometimes touch their shoulders.

After about two hours, I was feeling extremely 4. I tried to balance myself and move the body weight from one leg to the other to feel a little comfortable. I 5 sensed a soft hand touching my arm. I thought this man sitting near me must be 6 that my body was touching his shoulder. I 7 and looked down at him with a questioning expression. The man 8 me with a kind smile on his face. He stood up and 9 me that I could take his seat for a few minutes. I was very surprised and immediately sat down without wasting a second. He was happily standing in my place and looking around in 10. Another 20 minutes passed and I stood up and let him take his 11.

A person who was seated near the window was watching us. He stood up and 12 his seat to another standing man. Suddenly this game of 13 spread around and almost all standing people could sit for a few minutes. People were talking to each other while 14 the seats. Needless to say, the rest of the journey became quite 15.

- | | | | |
|--------------------|-----------------|----------------|-------------------|
| 1. A. dirty | B. crowded | C. messy | D. dark |
| 2. A. pretended | B. preferred | C. wore | D. stored |
| 3. A. unhappy | B. strict | C. familiar | D. patient |
| 4. A. annoyed | B. tired | C. frightened | D. excited |
| 5. A. suddenly | B. actually | C. obviously | D. eventually |
| 6. A. anxious | B. curious | C. upset | D. confident |
| 7. A. came along | B. fell apart | C. calmed down | D. turned around |
| 8. A. kept up with | B. looked up at | C. lived up to | D. got along with |
| 9. A. promised | B. wished | C. warned | D. told |
| 10. A. shock | B. doubt | C. amusement | D. surprise |
| 11. A. breath | B. seat | C. flight | D. responsibility |

- | | | | |
|-------------------|-------------|--------------|------------|
| 12. A. delivered | B. returned | C. offered | D. passed |
| 13. A. competing | B. cheating | C. surviving | D. sharing |
| 14. A. exchanging | B. taking | C. searching | D. holding |
| 15. A. enjoyable | B. painful | C. boring | D. long |

阅读(共 8 小题;每小题 2.5 分,满分 20 分)

阅读下列短文,从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

I was said to be the worst student in my class and my family thought I was hopeless. I had to repeat the sixth grade. At that time a new teacher, Miss Sadia, came to our school.

One day after class, she noticed that I was staying alone during the lunch break. She came to me and began to talk to me. It was just a normal conversation. After that day, she gave me much attention and it made me feel special. I started to work hard because she gave me the feeling that someone believed me, and my grades started to improve in her subject.

Months later, she moved into a house near my home. We would walk home together after school. Her constant support helped me, especially in my studies, as I knew she would check my grades both in her subject and the other subjects. I finally came second in my class.

Then, after the sixth grade, she started to drift apart but still kept a check on me. By the time I was in the seventh grade, she hardly spoke to me, but by then I had become the best in my class. When I left school, I was out of touch with her as she never answered the phone when I called her.

Then I graduated and went to a good university. One fine day, our paths crossed again. I met her at a wedding. I could not help asking her, “Why did you stop talking to me?”

“You are a clever boy. I wanted you to be a tree standing on your own roots, not depending (依赖) on others. Now here you are and I feel proud of you. You are your inspiration and do not need to look for a shoulder,” she said. I could not say anything, but I smiled. I’ll always thank her.

16. What can we know about the author in his first sixth grade?

- A. He didn’t talk with his parents.
- B. He found his teacher the worst.
- C. He did very badly in his studies.
- D. He was hopeful about his future.

17. What does the underlined phrase “drift apart” in paragraph 4 most probably mean?

- | | |
|----------------------|-----------------------|
| A. Be more friendly. | B. Become less close. |
| C. Move away. | D. Get angry. |

18. What made the author decide to work hard?

- | | |
|--------------------------------|------------------------------------|
| A. An unusual conversation. | B. His old teacher’s support. |
| C. His parents’ encouragement. | D. Miss Sadia’s special attention. |

19. Why did Miss Sadia stop talking to the author?

- A. She wanted him to grow independent. B. She just disliked talking to him anymore.
C. She was too busy with her own wedding. D. She had no way to get in touch with him.

B

This month, more than 4 million students across the United States will begin with their tenth grade, which is the make or break year for many 15-and 16-year-olds. They are likely to study in completely new schools, and have much more schoolwork and less free time. Even for those students who have done well in the ninth grade, going to high school can be a big challenge.

A study of Philadelphia high schools found that 57% (more than half!) of the students will experience the so-called “Tenth-grade shock” which means that many students will find big difficulties in their study. Some students deal with this shock by avoiding challenges. For example, some may drop difficult school work. Others may experience a hopelessness that results in failing their major classes, such as English, science and math.

This should matter a great deal for the teachers because students’ smooth transition(过渡) to tenth grade can have long-term consequences(后果) not only for the students themselves and their families but also for the society at large.

In the new economy, students who fail to finish high school with passing grades might have difficulty to get jobs. One study has found that the lifetime benefit to the local economy for one additional student who completes high school is half a million dollars or more. This is based on higher earnings and lower costs in health care, crime and other things.

We make these observations(观察) as researchers who have studied how schools and families can help young people to be successful. And we would like to make some suggestions on how to help our teenagers go through the “Tenth-grade shock”.

20. What is the so-called “Tenth-grade shock”?

- A. The free time the tenth graders will enjoy.
B. The new teachers the tenth graders will meet.
C. The challenges the tenth graders will face.
D. The difficulties the tenth graders have gone through.

21. Who does the underlined word “we” in the last paragraph refer to?

- A. Researchers. B. Parents. C. Teachers. D. Reporters.

22. Where is this text most likely taken from?

- A. An open letter. B. A research paper.
C. A survey. D. A guidebook.

23. What is the best title for the text?

- A. The Best Advice for the Tenth Graders
B. The Importance of High School Education
C. The New and Hard Life for the Tenth Graders
D. The Possible Tenth-grade Shock and Its Consequences

选择题答题栏

[illegible]

写作(满分 10 分)

假定你是李华,刚进入高一的你遇到了很多困难。请你给你的外国朋友 Jack 写封邮件求助,内容包括:

1. 告知你所遇到的困难(比如感到孤单、不敢与别人交流、英语学习跟不上等);
2. 恳请他给出建议。

注意:1. 写作词数应为 80 左右;

2. 请按如下格式在相应位置作答。

Dear Jack,

[illegible]

Yours,
Li Hua

名校周考阶梯训练

英语 人教版 必修第一册

2. WELCOME UNIT & TEENAGE LIFE(二)

(时间:40 分钟 满分:60 分)

阅读(共两节,满分 20 分)

第一节 (共 3 小题;每小题 2.5 分,满分 7.5 分)

阅读下面短文,从每题所给的 A、B、C、D 四个选项中选出最佳选项。

These days, more and more people go to the gym to work out. But with so many gyms out there, how do you know which one is the right one for you? We find some information about the best gyms in New York City so you can have a better idea of what each gym offers.

Planet Fitness

Initiation Fees (入会费): Regular membership, \$5; Black Card membership, no initiation fee.

Membership Costs: Regular membership is \$10 a month and includes free fitness training and free wifi. Black Card membership is \$22.99 a month and includes access to all Planet Fitness locations, free fitness training, free wifi, half-priced cooler drinks and worldwide travel deals.

Additional Fees: \$39 membership fee a year.

Locations: Locations in all five boroughs(区).

Classes: None.

New York Sports Club

Initiation Fees: Neighborhood membership, \$49.99; Passport membership, \$49.99.

Membership Costs: Neighborhood membership, \$44.99 a month; Passport membership, \$99.99 a month.

Additional Fees: Neighborhood membership, \$49.99 a year; Passport membership, \$49.99 a year.

Locations: Locations in all five boroughs.

Classes: Studio classes, athletic conditioning, boxing, kickboxing and yoga.

24 Hour Fitness

Initiation Fees: \$0 on select memberships.

Membership Costs: \$79.99 for Ultra Sport.

Locations: Midtown and Madison Square Park.

Classes: Studio classes, free weights, group cycling and personal training.

Initiation Fees: Call to request.

Membership Costs: For a specific gym, varies(变化) by location.

Locations: Chelsea and Brooklyn.

Classes: Strength and conditioning, cycling and yoga.

1. How much must a regular member of Planet Fitness pay for the initiation fee?
A. \$ 39. B. \$ 22. 99. C. \$ 10. D. \$ 5.
2. What can you do in 24 Hour Fitness?
A. Free weights. B. Yoga.
C. Boxing. D. Athletic conditioning.
3. What is special about Chelsea Piers?
A. It has no initiation fee.
B. Its gyms can be found in all five boroughs.
C. Its membership costs depend on its location.
D. Its black card members can enjoy half-priced drinks.

第二节 (共 5 小题;每小题 2.5 分,满分 12.5 分)

阅读下面短文,从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

How to Start a Friendship

To increase the chances that a friendship will grow, children need to express openness to others.

A very basic way to show openness is to exchange greetings with kids around them. 4 If another child says “Hi!” to them, they usually look away or say nothing because they feel awkward and shy. But they are giving the other child the impression that “I don’t like you, and leave me alone!” Actually, that’s not how they feel, although that’s what they’re showing. On the other hand, some outgoing children may go so far that they keep greeting anyone even if the other children feel uncomfortable with this behavior. It doesn’t open the door for friendship. 5

Praising is another easy way to show openness to friendship. Everyone feels good to receive a sincere praise, and usually likes people who are kind enough to notice his best side!

6 It could mean lending a pencil to a classmate, saving him a seat, helping him carry something, or sharing a lunch treat. Kindness leads more kindness and it’s one of the best ways to begin a friendship. It is true that kind children are better liked by the other kids. But if they try to buy friendship with money or expensive gifts, it will never work. 7

Showing openness just opens a door to friendship. 8 To increase the chances that a friendship will grow, children need to send their friendship invitations to kids who might come in.

- A. Actually, it shuts the door.
- B. However, shy children often have trouble with this.
- C. Instead, it is to show weakness rather than kindness.
- D. Expressing openness to others opens the door to friendship.
- E. But it doesn't guarantee(保证) that anyone will walk through that door.
- F. Small kindnesses can also be a good way to send invitation for friendship.
- G. Extend their friendship invitations to the right kids who want to come in.

选择题答题栏

题号	1	2	3	4	5	6	7	8
答案								

语法填空(共 10 小题;每小题 1.5 分,满分 15 分)

阅读下面短文,在空白处填入 1 个适当的单词或括号内单词的正确形式。

We think that life in Chinese high school is 9 adventure in which we have to survive mountains of homework and exams. Yet would it be 10 (surprise) if I tell you that high school life in the US is almost as stressful and demanding as it is in China?

In US high school, everything 11 (record) and graded, including your grades on quizzes, 12 (test) and final exams. Failing to hand in 13 (you) homework on time will directly affect your grade for a certain course. Perhaps contrary to 14 we used to think of the US high school students, they pay great attention to their academic performance(学业成绩) to try to get into famous universities. Otherwise, they'll be disappointed after their 15 (graduate) from high school.

Like university students, US high school students have the freedom 16 (sign) up the courses that most interest them. 17 (actual), even a 9th-grader can sit in the same classroom as a 12th-grader. But he/she must concentrate 18 his/her studies and it also means he/she has to work very hard, because the teacher will not treat he/she differently.

9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____

写作(满分 25 分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

There was a rich couple who was throwing a big new year party at their house. So they went shopping at the market where everything was very expensive. However, they didn't mind paying for it. After buying all they needed, they called a porter to carry everything and drop it at their home. The porter(搬运工) was of an old age, looking unhealthy. His clothes were torn, and he looked as if he wasn't able to meet his daily needs.

They asked the porter about the charges for delivering their goods to their home. The old porter said it was just \$ 20. It was well below the market rate for delivering goods to the couple's home in his cart. Yet the couple bargained with the porter and finally settled for \$ 15. The couple was very happy thinking how well they bargained with the poor porter. They paid him \$ 15 in advance and left after giving the porter their address for delivery.

They reached their home and an hour passed, and two hours passed, but the porter still didn't deliver their things. The wife started to get angry with her husband, "I always tell you not to trust such person who is not even able to earn to feed himself. You never listen to me. You handed him everything we bought for our big party. I am sure instead of delivering to our home, he must have disappeared with everything. We must immediately go back to the market and then to the police station."

- 注意:1. 续写词数应为 150 左右;
2. 请按如下格式在相应位置作答。

They both left for the market. _____

The porter replied, "Madam, please calm down. _____
